



Charity Organization 'All-Ukrainian Fund 'United Family'

Supported by:

**Science and Education Department of
Kharkiv Regional State Administration
Kharkiv Academy of Lifelong Learning**

Seminar programme:

Methods of working with teenagers on prophylaxis and preservation of reproductive health developed for educators, psychologists, doctors from orphanages, boarding schools of Kharkiv, Kharkiv region and the project volunteers

Main purpose: to prepare educators, psychologists, doctors from the orphanages and boarding schools to the introduction of the programme 'Preservation of reproductive health of teenagers' at these institutions.

Participants: educators, psychologists, doctors from the orphanages and boarding schools of the city of Kharkiv and Kharkiv region, volunteers of the project.

Trainers:

Верена Єзер (*Verena Jegher*) – international certified trainer, NVC expert, consults in establishing dialogue, mutual understanding, conflict settlement (Switzerland).

Марк Джозет (*Marc Joset*) – project coordinator of 'Bridge of Peace' (NGO), former teacher, consults in the work with children who suffered from violence (Switzerland).

Date: 26- 27 January 2015

Time: 10.00-16.00

Venue: Constitution Sq., 1, Labour Palace, 3d entrance, 2d floor, Jewish Student Centre 'Gilel'.

26 January, Monday

- 11.30 – 12.15** **Session 1.** Opening. Acquaintance of the trainer and the participants. Presentation ‘Active methods of NVC in psychological practice’
- 12.15 – 12.30** **Coffee break**
- 12.30 – 13.30** **Session 2** Work in groups: NVC methodology in the professional sphere. Discussion of the results obtained after the group work
- 13.30 – 13.45** **Coffee break**
- 13.45- 14.30** **Session 3** Exercises using real life examples of the participants. Discussion
- 14.30- 14.45** **Coffee break**
- 14.45-16.00** **Session 4** Reflection of the participants. Concluding exercises

27 January, Tuesday

10.00-11.00. **Session 1** Polishing skills. Practical exercises.

11.00 – 12.15

Session 2 Work in groups: Working at the application of the NVC methodology in the work with children and teenagers. Discussion of the results obtained after the group work.

12.15 – 12.30 **Coffee break**

12.30 – 13.30 **Session 3** Exercises with real life examples of the participants. Discussion

13.30 – 13.45 **Coffee break**

13.45 – 15.00 **Session 4** Determination of further steps regarding introduction of the NVC methodology into the work with teenagers from the boarding schools. Discussion.

15.00 – 16.00 **Session 5** Reflection of the participants. Concluding exercises.